



**Lenwood (Len) Paddock – MATS Hall of Fame Inductee Class of 1990**

**Primary place of employment: University of Michigan**

**Education:**

- **Northern Michigan University (year unknown)**

Lenwood (Len) Paddock served the Athletic Training profession through his extensive clinical experience. He served as an Assistant Athletic Trainer at the University of Michigan for 33 years (1947-1981). Len provided care to all sports at the University of Michigan but made a considerable impact with the Track and Field team. He also had considerable experience in creating “Michigan’s Fiberglass Hell Cup” with James Hunt. For Len’s remarkable service to Michigan’s Track and Field team, the Track and Field Athletic Training Room was renamed to the Lenwood Paddock Athletic Training Room in 1984. Additionally, Michigan hosts an Outdoor Track and Field meet each year the “Len Paddock Invite” in his honor. He, along with numerous other Athletic Trainers throughout the state of Michigan, helped to create the beginnings of Michigan Athletic Trainers’ Society. People that knew Len have described him as “humble, benevolent, and dedicated to the Athletic Training profession.”